

Valley Splash
ZONE 1 South LONG COURSE C/B/A+ MEET
Friday June 25, Saturday June 26 and Sunday June 27, 2010
Enter online at: <http://ome.swimconnection.com/pc/vs20100627>

SANCTION: Held under USA/Pacific Swimming Sanction No.: **10-080**

LOCATION: Valley Christian High School Skyway Campus, 100 Skyway Drive, San Jose, CA 95111

From 101 South: Take 101 South to the Capitol Expressway/Yerba Buena Road exit. Merge onto Capitol Expressway heading West. Take the Monterey Road ramp. Turn left onto Monterey Road. Turn left onto Skyway Drive. Valley Christian High School is located at 100 Skyway Drive.

From 280 South: Take 280 South to 87 South. Take 87 South to the Capitol Expressway Auto Mall exit. Turn left onto West Capitol Expressway. Take the Monterey Road ramp. Turn left onto Monterey Road. Turn left onto Skyway Drive. Valley Christian High School are located at 100 Skyway Drive.

From 85 South: Take 85 South to the Blossom Hill Road exit. Turn left onto Blossom Hill Road. Turn left onto Snell Avenue. Turn right onto Skyway Drive. Valley Christian High School are located at 100 Skyway Drive

COURSE: Up to 8 lane, 50 meter, outdoor, heated pool. One warm up/down lane will be open during competition. Colorado electronic timing system with touch pads and Colorado 10 lane LED scoreboard will be used for this meet. The minimum water depth for the course, measured in accordance with Article 103.2.3, is a minimum of 9'0" at the start end and a minimum of 6'6" at the turn end. This competition course has not yet been certified in accordance with 104.2.2C(4).

TIME: Competition on Friday begins at 4:00 p.m., warm-ups begin at 2:45p.m. and end at 3:45 p.m.. Competition on Saturday and Sunday begins at 9:00 a.m. each day; warm-ups begin at 7:30 a.m. and ends at 8:45 a.m. Officials and coaches meetings will be conducted prior to the starting time.

RULES: Current USA and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk-of-Course. All events are timed finals. Entries will be accepted until the number of splashes exceeds the estimated time line, per the Four Hour Rule, based on swimmer's age and gender. Swimmers may compete in four (4) events per day. If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches. All coaches and deck officials must wear their USA-S membership cards in a visible manner.

Coaches are to sign in at the meet when they get their program and present their registration card. Coaches listed on the "Expired" list or have no card and do not show up on the "Registered" list will be told that they will have to remove themselves from coaching their swimmers on the deck.

Distance Rules: The 800 meter freestyle will be swum alternating women and men, fastest to slowest. All swimmers in the 400 meter freestyle, 400 meter IM and 800 must provide their own timers. All swimmers in the 800 must also provide their own lap counters. Entries are limited to the fastest 24 verified entry times received for each these events.

RESTRICTIONS: Smoking and the use of other tobacco products is prohibited on the pool deck, in the

locker rooms, in spectator seating or standing areas and in all areas used by swimmers, during the meet and during warm-up periods. Sale and use of alcoholic beverages is prohibited in all areas of the meet venue. Glass containers are prohibited in all areas of the meet venue. Only coaches EZ-up's are allowed on competition deck.

ELIGIBILITY: All swimmers must have a current USA-S and must enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

MEET FORMAT: This meet will be pre-seeded. All heat and lane assignments will be listed in the meet program. There will be no check-in. Swimmers shall report promptly to the starting blocks when their event/heat is called. Please be sure to be ready for your race. One call will be made for the swimmers.

SCRATCHES: There will be no penalty for not swimming an event; the swimmer will simply be scratched from that event.

OFFICIALS: Head Referee: Mike Davis

Head Starter: Brian Malick

Meet Director: Marianne Feldman Phone: (408) 513-2450 or mlfeldman@sbcglobal.net

Head Meet Marshal: Bill Mamola

ENTRIES: Entries for the meet may be made online or by U.S. Mail. Entry times should be the swimmers best long course time for the event. Additional meet sheets are available at www.pacswim.org.

ONLINE ENTRIES: You may enter on-line at: <http://ome.swimconnection.com/pc/vs20100627> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering on-line is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** On-line entries will be accepted until 6:30 PM. June 16, 2010. The "billing information" email should be brought to the meet as proof of entry.

MAILED ENTRIES: Entries must be on a standard SAMMS Consolidated Entry Card, filled out completely using the best short course time for each event. "No Time" entries will be accepted. All mailed entries must contain a check for the entry fees, the consolidated entry card, and be postmarked by midnight June 14, 2010 or hand delivered by 6:30 PM. on June 16, 2010 at Valley Christian High School Aquatics Center, 100 Skyway Drive, San Jose, CA 95111.

ENTRY FEES: Entry fees are \$2.75 for each individual event. There will be a \$5.00 per swimmer surcharge to cover pool cost. Be sure to include surcharge with your entries. Make check payable to Valley Splash and mail with entries to:

**Curtiss Kikuta
832 Upton Way
San Jose, CA 95136 (408) 513-2450**

AWARDS: Individual events will be awarded in the A, B, and C division. Ribbons for First through Eighth place will be given to the following age groups: 8 & Under, 9/10, 11-12, 13-14, 15-16 and 17-18. Swimmers 19 years of age and older will not receive awards. “A” time medals will be given to swimmers achieving a new “PC-A” times, regardless of place achieved in the event. All awards must be picked up at the meet by a coach or parent representative at the end of the meet on Sunday. Awards will not be mailed.

ADMISSION: Free. A program will be on sale at the meet for reasonable fee.

TIMERS: Participating teams will be responsible for providing timers with adequate rotation for the entire meet. Lane assignments will be made based on the number of entries from each team.

OTHER: Coaches and working officials will receive complimentary drinks and snacks. A full service snack bar will be available. No outside food will be allowed inside the facility.

PARKING: Parking on campus is extremely limited. No overnight parking is allowed. Please note signs and avoid parking in restricted areas

Event Recap

	11 - 12	13 - 14	15 - 18
Friday	400 Free	400 IM	800 Free

	10 & Under	11 – 12	13 – 14	15 - 18
Saturday	50 Fly	50 Fly	100 Fly	100 Fly
	100 Breast	200 Breast	200 Breast	200 Breast
	50 Back	50 Back	100 Back	100 Back
	200 IM	200 IM	200 IM	200 IM
	200 Free	200 Free	200 Free	200 Free

	10 & Under	11 – 12	13 – 14	15 - 18
Sunday	100 Free	100 Free	100 Free	100 Free
	100 Fly	100 Fly	200 Fly	200 Fly
	50 Breast	50 Breast	100 Breast	100Breast
	100 Back	100 Back	200 Back	200 Back
	50 Free	50 Free	50 Free	50 Free

Friday June 25, 2010

PC-B Time	PC-A Time	Girl's Event #	Age Group	Event	Age Group	Boy's Event #	PC-B Time	PC-A Time
6:52.79	6:14.69	1	11 - 12	400 Free	11 - 12	2	6:57.19	6:18.69
7:30.29	6:48.89	3	13 - 14	400 IM	13 - 14	4	7:09.99	6:30.29
13:24.59	12:10.39	5	15 - 16	800 Free	15 - 16	6	12:52.09	11:40.79
13:53.99	12:36.99		17 - 18		17 - 18		12:51.99	11:40.79

Saturday June 26, 2010

PC-B Time	PC-A Time	Girl's Event #	Age Group	Event	Age Group	Boy's Event #	PC-B Time	PC-A Time
1:35.49	1:26.59	7	13-14	100 Fly	13-14	8	1:31.69	1:23.19
1:34.69	1:25.89	9	15-16	100 Fly	15-16	10	1:24.89	1:17.09
1:36.49	1:27.59		17-18		17-18		1:25.59	1:17.69
51.99	47.19	11	10&Under	50 Fly	10&Under	12	52.49	47.59
45.39	41.09	13	11-12	50 Fly	11-12	14	45.49	41.29
3:59.99	3:37.79	15	13-14	200 Breast	13-14	16	3:50.39	3:29.09
3:58.59	3:36.59	17	15-16	200 Breast	15-16	18	3:40.89	3:20.49
4:10.19	3:47.09		17-18		17-18		3:45.29	3:24.49
2:13.29	2:00.99	19	10&Under	100 Breast	10&Under	20	2:15.69	2:03.19
1:57.59	1:46.69	21	11 - 12	100 Breast	11 - 12	22	1:56.39	1:45.59
1:38.09	1:28.99	23	13 - 14	100 Back	11-12	24	1:34.69	1:25.89
1:37.29	1:28.29	25	15 - 16	100 Back	15 - 16	26	1:29.59	1:21.29
1:43.99	1:34.39		17 - 18		17 - 18		1:31.29	1:22.89
54.09	49.09	27	10&Under	50 Back	10&Under	28	55.49	50.29
48.29	43.79	29	11 - 12	50 Back	11 - 12	30	49.09	44.49
3:28.59	3:09.39	31	13 - 14	200 IM	13 - 14	32	3:19.79	3:01.39
3:27.69	3:08.49	33	15 - 16	200 IM	15 - 16	34	3:10.99	2:53.39
3:31.69	3:12.19		17 - 18		17 - 18		3:11.59	2:53.89
4:13.29	3:49.89	35	10&Under	200 IM	10&Under	36	4:16.29	3:52.69
3:42.59	3:22.09	37	11 - 12	200 IM	11 - 12	38	3:44.29	3:23.59
3:03.59	2:46.59	39	13 - 14	200 Free	13 - 14	40	2:55.39	2:39.19
3:02.19	2:46.39	41	15 - 16	200 Free	15 - 16	42	2:46.79	2:31.39
3:06.59	2:49.39		17 - 18		17 - 18		2:45.59	2:30.29
3:42.59	3:21.99	43	10&Under	200 Free	10&Under	44	3:41.69	3:21.29
3:15.99	2:57.89	45	11 - 12	200 Free	11 - 12	46	3:16.29	2:58.19

Sunday June 27, 2010

		Girl's Event #	Age Group	Event	Age Group	Boy's Event #		
1:26.09	1:18.19	47	13-14	100 Free	13-14	48	1:20.89	1:13.49
1:23.69	1:15.99	49	15-16	100 Free	15-16	50	1:16.49	1:09.49
1:24.89	1:17.09		17-18		17-18		1:16.39	1:09.29
1:41.59	1:32.19	51	10&Under	100 Free	10&Under	52	1:41.69	1:32.29
1:30.09	1:21.79	53	11-12	100 Free	11-12	54	1:29.29	1:21.09
3:35.99	3:15.99	55	13-14	200 Fly	13-14	56	3:28.09	3:08.89
3:31.39	3:11.89	57	15-16	200 Fly	15-16	58	3:15.99	2:57.89
3:43.79	3:23.19		17-18		17-18		3:21.79	3:03.19
2:00.79	1:49.59	59	10&Under	100 Fly	10&Under	60	2:00.99	1:49.89
1:43.59	1:33.99	61	11 - 12	100 Fly	11 - 12	62	1:43.99	1:34.39
1:50.99	1:40.79	63	13 - 14	100 Breast	11-12	64	1:46.09	1:36.29
1:50.39	1:40.19	65	15 - 16	100	15 - 16	66	1:39.99	1:30.69
1:53.79	1:40.89		17 - 18	Breast	17 - 18		1:40.89	1:31.59
1:00.89	55.29	67	10&Under	50 Breast	10&Under	68	1:01.69	55.99
54.09	49.09	69	11 - 12	50 Breast	11 - 12	70	54.09	49.09
3:32.09	3:12.49	71	13 - 14	200 Back	13 - 14	72	3:24.39	3:05.49
3:29.99	3:10.59	73	15 - 16	200	15 - 16	74	3:11.69	2:53.99
3:39.79	3:19.49		17 - 18	Back	17 - 18		3:27.19	3:07.99
1:57.69	1:46.79	75	10&Under	100 Back	10&Under	76	1:58.19	1:47.29
1:44.49	1:34.89	77	11 - 12	100 Back	11 - 12	78	1:45.99	1:36.19
39.39	35.69	79	13 - 14	50 Free	13 - 14	80	37.59	34.09
39.09	35.39	81	15 - 16	50 Free	15 - 16	82	35.39	32.09
39.39	35.69		17 - 18		17 - 18		34.69	31.39
45.89	41.59	83	10&Under	50 Free	10&Under	84	47.19	42.79
41.39	37.49	85	11 - 12	50 Free	11 - 12	86	40.99	37.09

