

The Hierarchy in Competitive Swimming

Fédération Internationale de Natation (*FINA*) - Switzerland

International regulating body for aquatic sports (ie. Olympics)

USA Swimming - Colorado Springs, CO

Regulating body for aquatic sports in the USA

Pacific Swimming - our Local Swim Committee (LSC)

59 LSCs in USA Swimming

“Each LSC is responsible for administering USA Swimming activities in a defined geographical area and has its own set of bylaws under which it operates. A House of Delegates with representation of athletes, coaches, members of the Board of Directors and clubs is responsible for managing the business affairs of the LSC.” Other LSCs include Sierra Nevada Swimming, South Carolina Swimming, Kentucky Swimming, Missouri Valley, etc.

Zone One South - our zone in Pacific Swimming

South Bay group of teams

Other Zones include Zone One North (Peninsula), Zone 2 (East Bay/Central Valley, Zone 3 (San Francisco, North Bay), Zone 4 Reno, Tahoe, Mountains)

Hierarchy of Meets:

Dual Meets, CBA+ Meets, Z1S Championships, Zone All-Star Meet, Junior Olympics, Far Westerns, Sectionals, Junior Nationals, Senior Nationals, World Championships/ Pan American Games/Olympics.